

They're full of vitamins and minerals, but the thought of eating them makes most people feel sick. Watch this video about one man's mission to promote bugs as a food source!

Do the preparation task first. Then, watch the video and do the exercises. Remember you can check the transcript at any time.

Preparation

Match the vocabulary with the correct definition and write a–f next to the number 1–6.

- | | | | |
|--------|----------------------|----|---|
| 1..... | a course | a. | disgusting, horrible to look at |
| 2..... | diet | b. | a stage of a formal meal |
| 3..... | to win somebody over | c. | the food that a person eats |
| 4..... | to promote something | d. | to fight against something |
| 5..... | revolting | e. | to advertise something to draw people's attention to it |
| 6..... | to resist | f. | to persuade somebody to think the same as you |

1. Check your understanding: true or false

Circle *True* or *False* for these sentences.

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|----|---|-------------|--------------|
| 1. | Larry Peterman's shop sells insects as pets. | <i>True</i> | <i>False</i> |
| 2. | Parents teach children to avoid insects. | <i>True</i> | <i>False</i> |
| 3. | Insects are only eaten by humans in Latin America. | <i>True</i> | <i>False</i> |
| 4. | Humans have only started to eat insects in the recent past. | <i>True</i> | <i>False</i> |
| 5. | Eating insects is better for the environment than eating meat. | <i>True</i> | <i>False</i> |
| 6. | Insects are a nutritious meal. | <i>True</i> | <i>False</i> |
| 7. | For dessert, Larry served a banana with whipped cream and a spider on it. | <i>True</i> | <i>False</i> |
| 8. | Larry thinks more people will eat insects in the future. | <i>True</i> | <i>False</i> |

2. Check your understanding: matching – time phrases

Match the two sentence halves and write a–f next to the number 1–6.

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|--------|---|----|--|
| 1..... | Larry Peterman's been promoting insects as food | a. | since the time of the earliest humans. |
| 2..... | Parents teach children to avoid insects | b. | after the main course. |
| 3..... | Don't start eating | c. | from an early age. |
| 4..... | Insects have been part of human diet | d. | for over ten years. |
| 5..... | The dessert was served straight | e. | during the meal. |
| 6..... | Some of the dinner guests felt sick | f. | until everyone's been served, please! |

3. Check your vocabulary: grouping – food

Write the words in the correct group.

| | | | | | |
|----------|-----------|-----------|-------------|--------|-------------|
| mosquito | cockroach | fish | mealworm | pork | cricket |
| lamb | caramel | fly | bubble gum | toffee | chicken |
| lollipop | beef | chocolate | caterpillar | shrimp | marshmallow |

| Bugs | Sweets | Meat and seafood |
|------|--------|------------------|
| | | |

What do you think about eating insects?

Would you be brave enough to go to one of Larry's dinner parties?

Have you ever tried any other unusual foods?