Answers to **How to improve your memory – exercises**

**Preparation**

1. b
2. g
3. f
4. c
5. h
6. d
7. a
8. e

1. **Check your understanding: multiple selection**
   - ✓ We all use memory in the same way.
   - ✓ There are two different forms of memorisation.
   - ✓ Teaching helps us to memorise.
   - ✓ We can train our brains to be more effective.

2. **Check your vocabulary: gap fill**

   1. memory
   2. improvements
   3. combination
   4. information
   5. association
   6. visualisation
   7. formulas/formulae
   8. ability