Listen to five different people talking about communication in the digital world and do the exercises to practice and improve your listening skills.

Preparation
Match the two parts of the phrases and write a–f next to the numbers 1–6.

1. update
2. be glued
3. pay
4. it’s not the end
5. stay in
6. miss out

touch with everyone
on having fun
to the screen
your status
attention to what someone’s saying
of the world

1. Check your understanding: matching
Match the ideas to the speakers and write a–h next to the numbers 1–8.

1. Speaker 1
2. Speaker 2
3. Speaker 3
4. Speaker 4
5. Speaker 5
6. Not said
7. Not said
8. Not said

a. Has recently learned about some of the negative effects of excessive online communication.
b. Is suffering from the fear of missing out.
c. Has witnessed great changes in the way we communicate over recent years.
d. Thinks that the amount of time teens spend online is alarming.
e. Is quite happy for any photos of themselves to be posted online.
f. Thinks limiting teenagers’ access to technology is unfair.
g. Wishes people would talk more in person.
h. Enjoys being able to contact all friends with the same message at once.
2. Check your understanding: true or false
Circle *True or False* for these sentences.

1. Speaker 1 likes to know as soon as they get a new message.  
   True  False

2. Speaker 2 thinks the most annoying thing is when people use their phone in meetings.  
   True  False

3. Speaker 3 says that FOMO, or fear of missing out, is more common among teens.  
   True  False

4. Speaker 4 thinks that young people today are aware of the drawbacks of online communication.  
   True  False

5. Speaker 5 has made a lot of new friends thanks to online communication.  
   True  False

---

**Discussion**

Which of the speakers do you agree with most?

Do they express any views that you disagree with? Why?