Look at the text and do the exercises to practise and improve your writing skills.

**Preparation**

Write the name of the food below the picture.

<table>
<thead>
<tr>
<th>cereal</th>
<th>egg</th>
<th>sausages</th>
<th>bacon</th>
<th>toast</th>
<th>baked beans</th>
<th>tomato</th>
<th>mushrooms</th>
</tr>
</thead>
</table>

**My favourite meal, by Jonathan Jones**

My favourite meal is breakfast. From Monday to Friday I go to school early *so* I have a quick breakfast. I usually have cereals with milk or sometimes I have toast and jam, *but* the weekend is different!

On Saturdays and Sundays, my dad cooks an English breakfast for everyone in our family. A typical English breakfast is egg, bacon, sausages, tomatoes, mushrooms and baked beans (beans in tomato sauce). Then we have toast and jam. I drink orange juice *and* my mum and dad drink tea or coffee. I love breakfast at the weekend *because* I have breakfast with my whole family.
1. Check your understanding: multiple choice

Circle the best answer to these questions.

1. What is Jonathan's favourite meal? 
   - breakfast   /   lunch   /   dinner

2. When does Jonathan eat an English breakfast?
   - on Mondays   /   on Fridays   /   on Saturdays and Sundays

3. In Jonathan's family who cooks the English breakfast?
   - his sister   /   his father   /   his mother

4. What is a typical English breakfast?
   - cereals with milk   /   toast and jam   /   egg, sausages, bacon, tomatoes, mushrooms and beans

5. What does Jonathan drink for breakfast?
   - orange juice   /   tea   /   coffee

6. Why does Jonathan love breakfast at the weekend?
   - Because he likes baked beans.
   - Because he has breakfast with his family.
   - Because he goes to school early.

2. Check your writing: gap fill 1

Complete the gaps with a linking word from the box.

and  so  but  because

1. I go to school early ____________________ I have a quick breakfast.

2. I usually eat toast and jam, ____________________ the weekend is different.

3. I drink orange juice ____________________ my mum and dad drink tea or coffee

4. I love breakfast at the weekend ____________________ I have breakfast with all my family.
3. Check your writing: gap fill 2
Complete the gaps with a linking word. Use so, and, because or but.

1. I can’t cook ________________ my dad cooks breakfast for me.
2. I would love to eat an English breakfast every day ________________ I don’t have time.
3. Yukiko eats rice for breakfast, lunch ________________ dinner.
4. You shouldn’t have an English breakfast every day ________________ it’s not healthy.
5. In my family we drink tea ________________ coffee for breakfast.
6. Tim doesn’t like meat ________________ he can’t eat an English breakfast.

Discussion
What’s your favourite meal?