

Football is more popular than ever among British girls and women. Meet Kitty and her team as they prepare for a big match.

Do the preparation task first. Then watch the video and do the exercises to check your understanding. Remember you can read the transcript at any time.

Preparation: matching

Match the vocabulary with the correct definition and write a–h next to the numbers 1–8.

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|------------------------------------|--|
| 1..... to be discriminated against | a. teaching and training of a sports team |
| 2..... to set up | b. to be treated unfairly or differently |
| 3..... competitive (adjective) | c. people who are quickly becoming successful or well known |
| 4..... a league | d. to provide people with something they want or need |
| 5..... coaching | e. a group of teams who play against each other regularly, put in order according to how many points they have |
| 6..... to cater for | f. to temporarily have small bumps on the skin caused by cold, fear or excitement |
| 7..... rising stars | g. to start or establish (something such as a club, company or organisation) |
| 8..... to have goosebumps | h. characterised by a feeling of wanting to win |

1. Check your understanding: true or false

Circle *True* or *False* for these sentences.

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|---|-------------|--------------|
| 1. Football is the most popular game in the world. | <i>True</i> | <i>False</i> |
| 2. There are approximately 500 youth girls' teams in Britain. | <i>True</i> | <i>False</i> |
| 3. Spurs Football Club is over 130 years old. | <i>True</i> | <i>False</i> |
| 4. The young footballers think it's hard to be a girl and play football. | <i>True</i> | <i>False</i> |
| 5. Kitty started playing football when she was nine years old. | <i>True</i> | <i>False</i> |
| 6. The coach thinks that there are more opportunities for girls to play football in Britain these days. | <i>True</i> | <i>False</i> |
| 7. Kitty feels nervous about the game. | <i>True</i> | <i>False</i> |

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|-----|--|-------------|--------------|
| 8. | Kitty's team scores the first goal. | <i>True</i> | <i>False</i> |
| 9. | Kitty's team lose the match in the end. | <i>True</i> | <i>False</i> |
| 10. | Kitty is happy about the way she and her team played in the match. | <i>True</i> | <i>False</i> |

2. Check your vocabulary: gap fill

Complete the gaps with a word from the box.

stars	stadiums	match	goosebumps
score	coaching	goal	season

1. From kids playing in the street to professional players in huge _____, more people play and watch this game than any other.
2. I'm here to meet some of the rising _____ of Tottenham Hotspur.
3. Today we're following Kitty as she trains for a big _____.
4. Kitty says the girls get a lot of support and the same standard of _____ as the boys' teams.
5. Five minutes into the game, Kitty scores the first _____.
6. The final _____ is 3-2 and Kitty's team have won.
7. It's only early, but judging by the first match, Kitty thinks it's going to be a good _____.
8. The second goal felt so good, Kitty says, that she had _____.

Discussion

Do girls have many opportunities to play football where you live?

Vocabulary Box

Write any new words you have learnt in this lesson.