Jack’s applying to university to train as a PE (physical education) teacher. How do you think the interview goes?

Do the preparation exercise first. Then watch the video and follow the instructions to practise your speaking.

**Preparation**

Match the vocabulary with the definitions and write a–h next to the numbers 1–8.

1. fairness  a. something that is difficult but enjoyable to do
2. discipline  b. in good physical condition
3. self-esteem  c. respect and love for yourself
4. well-being  d. a state of being happy and healthy
5. fit  e. self-control or behaving according to the rules
6. a challenge  f. being fair, treating people equally
7. to reward someone  g. to have an ability or passion because it already exists in your family
8. to have something in your blood  h. to give or do something in recognition of hard work, good behaviour, etc.

1. Check your understanding: multiple choice

Circle the best answer to these questions.

1. Jack has applied to do a course ...
   a. in sports and fitness.  b. to be a PE teacher.  c. in nutrition.

2. Jack wants ...
   a. an active job.  b. a creative job.  c. a challenging job.

3. Jack says exercise is important for ...
   a. your physical health.  b. your mental health.  c. both your physical and mental well-being.

4. Jack thinks doing sport teaches you ...
   a. to focus on the moment.  b. the importance of practice and preparation.  c. to work together and treat people right.
5. Jack's passion for sport comes from ...
   a. his teacher.
   b. his friends.
   c. his family.

6. Jack thinks it's important to ...
   a. encourage students to be the best.
   b. praise students for participating.
   c. teach students to be good losers.

2. Check your understanding: gap fill

Complete the dialogue with a word or phrase from the box.

<table>
<thead>
<tr>
<th>first of all</th>
<th>that's right</th>
<th>a challenge</th>
<th>pleasure</th>
</tr>
</thead>
<tbody>
<tr>
<td>the one hand</td>
<td>the other hand</td>
<td>in my blood</td>
<td>finally</td>
</tr>
</tbody>
</table>

Mrs Spence: So, you've applied to do a teaching course here.

Jack: Yes, 1 __________________________.

Mrs Spence: I'd like you to tell me, first of all, why you want to be a teacher.

Jack: OK. Well, I've always loved explaining things and helping people. I'm not looking for an easy job – I like 2 __________________________! I also want to work with young people.

Mrs Spence: Why is it important to do sport at school, do you think?

Jack: OK. Well, 3 __________________________, we all know it's important for our health to keep physically fit. 4 __________________________, physical exercise is good for our mental well-being and self-esteem. And 5 __________________________, playing sport teaches young people important life lessons.

Mrs Spence: Where does your passion for sport come from?

Jack: Hmm, let me think. It's difficult to choose one thing 6 __________________________ … I grew up around sport. My mum was a really good athlete, actually.

Mrs Spence: Oh, yes?

Jack: We used to go and see her running marathons, which made a 7 __________________________ me as a child. I suppose it's 8 __________________________.

Mrs Spence: And how do you think teachers can encourage their students to enjoy sport?
Jack: Hmm, that’s an interesting question. On the one hand I think many students enjoy the competitive element. On the other hand, we need to encourage the ones who are not as confident.

Mrs Spence: OK, thank you very much, Jack. You make some good points.

Jack: It’s my pleasure. Thank you.

3. Check your vocabulary: gap fill
Complete the sentences with a word from the video.

1. My father coached the team for twenty years. I played in it for sixteen. Football is in my heart.
2. Going to watch the fireworks as a child made a big impression on me.
3. On the one hand, zoos help endangered species. On the other hand, the animals in zoos often don't have the space or conditions they need.
4. There are several reasons for this. First of all, it's an expensive treatment. Secondly, it is not always 100% effective. Thirdly, there are some risks involved.
5. A: Thanks so much for dinner!
   B: Not at all. It was my pleasure.
6. I don’t think this has happened because of one thing in particular. I think there are many reasons.

Discussion
Do you think you might have to do an interview in English in the future? What have you learned from this video?