Film UK: Have you ever been bullied? – exercises

Do the preparation task first. Then watch the short film and do the exercises to check your understanding.

Preparation: matching
Match the vocabulary with the correct definition and write a–h next to the numbers 1–8.

1. to pick on someone
2. a tramp
3. an easy target
4. to skive
5. to get a kick out of something
6. to get drawn into something
7. to knock someone's confidence
8. to make up for something

a. a person with no home, job or money who lives in the street
b. to make someone feel less confident
c. to become involved in something
d. to compensate for something
e. a person who is easy to laugh at, criticise or do bad things to
f. to feel enjoyment and stimulation from something
g. to be unkind to someone regularly
h. to not go to school when you should (informal)

1. Check your understanding: multiple selection
Why were they bullied?
Which four characteristics do the speakers talk about? Tick ( ) all the correct answers.

because he/she was tall
because he/she was an easy target
because he/she was shy
because he/she had blue hair
because he/she wore glasses
for no reason/things that were not true
Why do bullies bully?

Which five reasons do the speakers give? Tick ( ) all the correct answers.

…………… It's easy to do what the group does.
…………… Someone is different from them.
…………… Someone tells them to be a bully.
…………… It's something to do when they're bored.
…………… It makes them feel better than or more superior to others.
…………… They're jealous.
…………… They're angry.

How bullying changes your life.

Which six changes do the speakers talk about? Tick ( ) all the correct answers.

…………… It knocks your confidence.
…………… You don’t want to go to school.
…………… You might bully other people.
…………… You feel upset all the time.
…………… You want to help others in your situation, e.g. by becoming a therapist.
…………… You laugh about it because it’s stupid to bully.
…………… You stop before you say things to others.
…………… You become violent.
2. Check your understanding: gap fill
Fill the gaps with the words from the box.

<table>
<thead>
<tr>
<th>I mean</th>
<th>you know</th>
<th>kind of</th>
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<tbody>
<tr>
<td>like</td>
<td>like</td>
<td>yeah</td>
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Have you ever experienced bullying?

'Oh yeah, definitely, erm, ____________ I was bullied a little bit in my earlier high school experience, ____________ I had blue hair and ____________ I wore the fingerless gloves and everything, so, it ... it's difficult but ____________, like, I ended up going to therapy for a little while, so ____________, I've met a lot of people who have gone through bullying and it's like one of those things you have to ____________ help each other out ... ____________.'

Discussion

Have you ever experienced bullying?

Vocabulary Box

Write any new words you have learnt in this lesson.