Answers to *How to be happy – exercises*

**Preparation**

1. b  
2. f  
3. e  
4. h  
5. g  
6. d  
7. a  
8. c

1. **Check your understanding: multiple choice**

1. b  
2. d  
3. b  
4. c  
5. a  
6. d  
7. c  
8. d

2. **Check your understanding: true, false or not given**

1. True  
2. False  
3. Not given  
4. True  
5. Not given  
6. False

3. **Check your vocabulary: grouping**

<table>
<thead>
<tr>
<th>Do</th>
<th>Make</th>
</tr>
</thead>
<tbody>
<tr>
<td>an activity</td>
<td>changes</td>
</tr>
<tr>
<td>things with your friends</td>
<td>friends with someone</td>
</tr>
<tr>
<td>research</td>
<td>progress</td>
</tr>
<tr>
<td>judo</td>
<td>a decision</td>
</tr>
<tr>
<td>something enjoyable</td>
<td>like Superman</td>
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