Listen to the school assembly about how to study and do the exercises to practise and improve your listening skills.

1. Preparation: grouping
Do this exercise before you listen. Put the study ideas in the correct group.

<table>
<thead>
<tr>
<th>Good study habits</th>
<th>Bad study habits</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Just read your notes, but don’t highlight them or write anything extra</td>
<td>b. Think long term</td>
</tr>
<tr>
<td>d. Take regular breaks</td>
<td>c. Make a study timetable</td>
</tr>
<tr>
<td>e. Answer email, text messages and Facebook messages immediately</td>
<td>f. Work where there are distracting noises</td>
</tr>
</tbody>
</table>

2. Check your understanding: true or false
Circle True or False for these sentences.

1. The students will be taking exams soon. True False
2. A revision timetable could be from one to six weeks. True False
3. No one can really concentrate properly with music on. True False
4. You should try to forget about the internet, text messages, Twitter, Facebook, etc. while you're studying. True False
5. You should try not to have a break until you really need one. True False
6. Underlining or highlighting your notes is better than writing more notes. True False
7. Mind maps are good because they mirror the way the brain works. True False
8. The most important thing is to remember the information. You don't have to understand it. True False
3. Check your understanding: gap fill
Complete the gaps with a word or phrase.

1. Some of you are probably fantastic at studying, really organised and _______________.
2. It’s a good idea to have some kind of _______________ or _______________.
3. If you’re studying for an important exam, it’s important to think _______________.
4. Make sure the place where you’re going to study is _______________, with no distracting _______________.
5. If you have to work near a TV, you might have to use _______________ to drown out the sound of the TV.
6. While you’re studying, you should _______________ the internet, text message, Facebook, etc.
7. You should plan your studying and take regular _______________.
8. It is better to write notes, so your mind is _______________ the information more.
9. Mind maps seem to work in the same way the _______________ works.
10. Which study method you choose all depends on your personal _______________.

<table>
<thead>
<tr>
<th>Are you good at studying?</th>
</tr>
</thead>
<tbody>
<tr>
<td>What distracts you?</td>
</tr>
<tr>
<td>What do you do to help you concentrate?</td>
</tr>
</tbody>
</table>