

Fast Phrasals



Who has a secret talent for rugby?

Who will the coach select for the team? Watch the video to find out.

1. Check your understanding: multiple choice

Choose the correct phrase to complete the sentences.

- Kate wants to try playing rugby to ...
 - meet boys.
 - improve her health and physical condition.
- Izzy doesn't like the idea because ...
 - the boys will be annoying.
 - she'd prefer to go to music club.
- Kate and Sam think ...
 - Fred is really good at rugby.
 - Fred wants to be the centre of attention.
- Fred laughs at Kate because ...
 - she's lost her balance and is on the floor.
 - she's not wearing the right shoes.
- The coach thinks Izzy is ...
 - a very good rugby player.
 - not tall enough to play rugby.
- Finally, the coach decides that ...
 - Sam and Izzy are in the team, and Fred is a substitute.
 - Izzy is in the team, and Sam and Kate are substitutes.

2. Practise your phrasal verbs: gap fill – in context

Fill the gaps with the correct phrasal verb from the box.

taking up	get out of	come on	put up with
take up	keep on	give up	falls over
showing off	join in	going on about	try out for

Kate wants to ¹ _____ (*start*) a sport and decides to ² _____ (*do a trial for*) the rugby team. Izzy doesn't think she can ³ _____ (*tolerate*) the boys being annoying and ⁴ _____ (*talking too much about*) girls, but Kate doesn't want to go on her own. Izzy says she'll come if she can ⁵ _____ (*be excused from*) music club. Sam and Kate laugh at Fred because he's ⁶ _____ (*deliberately trying to attract attention and admiration*).

At first, Izzy doesn't want to ⁷ _____ (*do the activity with people who are already doing it*). Kate says she's going to ⁸ _____ (*stop trying*) because it's not fun. Fred laughs at Kate when she ⁹ _____ (*falls on the ground*), saying 'I'm ¹⁰ _____' (*move faster*) and making comments about high heels. When Kate becomes more determined and decides to ¹¹ _____ (*continue*) trying, Sam tells her to ¹² _____ (*become slower*) because she's making Fred look bad. Meanwhile, Izzy had joined in and impressed the coach. When the coach puts up the results, Izzy is in the team. She is surprised to realise that she's ¹³ _____ (*starting*) rugby!

Fast Phrasals  **The Trials**

3. Practise your phrasal verbs: gap fill – form

Write the correct preposition or adverb to complete the sentence.

1. I'd love to come to your party but I'm playing in a concert and I can't get _____ of it.
2. Hey! Slow _____! You're going too fast.
3. She's always going _____ about her dogs.
4. Everyone was singing, and she knew the words, so she joined _____.
5. I don't think I can put _____ with this horrible noise any longer!
6. He's been really relaxed since he took _____ yoga.
7. They want people who can speak a bit of English for a new film! Do you want to come and try _____ for a part?
8. She lives just round the corner! She only drove to school to show _____.
9. A. What happened to you? You're all dirty!
B. I fell _____ on the way to school.
10. He keeps _____ inviting her to the cinema, but she always says no.
11. She started learning Chinese, but it was really difficult and she gave _____.
12. Come _____! We'll be late!

4. Practise your phrasal verbs: gap fill – using the verbs

Complete the sentences with the correct preposition or adverb.

1. They're always going _____ about their holiday house. I'm sick of hearing about it!
2. I'm going to try _____ for the youth orchestra. They need a violinist and there are auditions tomorrow.
3. Oh no! I've said I'll babysit tonight but I want to come to the cinema with you! I'll see if I can get _____ of it.
4. Did you see her doing her dance routine at the disco? She never misses an opportunity to show _____!

Fast Phrasals  **The Trials**

5. He didn't want to share a room with his little brother but there was no choice. He had to put _____ with it.
6. Come _____! The sooner we start, the sooner we'll finish.
7. She's broken her arm. She fell _____ on the icy road.
8. If I don't answer my phone, just keep _____ calling me. Sometimes I don't hear it.
9. He hated the piano, and after a few lessons he gave _____.
10. She wanted to get fit and meet new people, so she took _____ swing dancing.
11. She never wanted to join _____ when the other children were playing. She preferred to be alone.
12. When cars enter the village, they have to slow _____ to avoid accidents.

Discussion

Should schools have girls and boys on the same sports team?

Does your school have girls and boys on the same sports team?

What would be the advantages and disadvantages of this?