

Do the preparation task first. Then read the article and do the exercises to check your understanding.

Preparation

Match the vocabulary with the correct definition and write a–f next to the numbers 1–6.

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|-----------------------------|--|
| 1..... meat-free | a. to become vegetarian |
| 2..... your diet | b. without meat |
| 3..... to go veggie | c. a survey to find out people's opinions |
| 4..... ethical | d. to give something up; to stop eating or doing something |
| 5..... to cut out something | e. related to what you think is right or wrong |
| 6..... a poll | f. the food that you normally eat |

1. Check your understanding: true or false

Circle *True* or *False* for these sentences.

- | | | |
|--|-------------|--------------|
| 1. Vegetarianism is becoming more popular in Britain. | <i>True</i> | <i>False</i> |
| 2. 200 people stop eating meat in the UK every week. | <i>True</i> | <i>False</i> |
| 3. Vegetarians and vegans don't eat or use any animal products. | <i>True</i> | <i>False</i> |
| 4. A meat-free diet can increase the possibility of heart disease. | <i>True</i> | <i>False</i> |
| 5. Organic farmers don't use drugs or antibiotics to produce meat. | <i>True</i> | <i>False</i> |
| 6. Vegetarian and organic food is sold in many British supermarkets. | <i>True</i> | <i>False</i> |

2. Check your vocabulary: gap fill

Complete the gaps with a word or phrase from the box.

over	every year	very few
Three out of every four	Many	More and more

- _____ British people are deciding not to eat meat and animal products.
- There's a National Vegetarian Week organised _____.
- There are _____ three million vegetarians in the UK today.
- _____ vegetarians and vegans choose not to eat meat or animal products for ethical reasons.
- Organic farmers use no or _____ chemicals, pesticides or fertilisers.
- _____ households in the UK now buy some types of organic food.

3. Check your vocabulary: matching

Match the expressions with similar meanings and write a–f next to the numbers 1–6.

- | | |
|--------------------------|----------------------------|
| 1..... every year | a. more than |
| 2..... many | b. an increasing number of |
| 3..... more and more | c. annually |
| 4..... over | d. a lot of |
| 5..... three out of four | e. hardly any |
| 6..... very few | f. 75 per cent |

Discussion

Do you think the world would be a better place if people ate less meat?

How much meat do you eat in your diet?

Would you miss meat if you became a vegetarian?

Are there many vegetarians in your country?