

Transcript for **What is Ramadan?**

What is Ramadan?

Safeer: You have to fast from dawn to sunset, and you feel like how the poor people feel and you have a strong connection with Allah, God, and you have to read the holy Quran.

Shamsa: It's very hard. And you can't ... you have to survive as well, without food.

Ehtesham: I enjoy taking part in Ramadan, of course, because it's a really spiritual time. You feel very close to God.

How else do people celebrate?

Shamsa: My mum and dad can fast, and I can't. I raise money for lots of charities.

Sabeeka: You have to pay particular attention to your prayers, and so make sure you don't start fighting with people.

What about school?

Hasher: I just won't fast during my exams because in Islam, children aren't allowed to fast. I am allowed to do a few, but just when I can. When I'm able to.

Sabeeka: For one whole day fasting I think you need to be 12 or 13. I've had a small fast. You start at dawn, at the same time as adults, but you end at a time round about midday.

Shakeeba: I've never done it and I'm going to have to do it my first time.

What is Eid?

Safeer: Right at the end we have Eid. We have a celebration and we can talk and play with our family and friends.